

Advice Manuals and 19th Century Recipes

Using the book *The American Frugal Housewife* ([Links to an external site.](#)), write a blogpost that does **one** of the following two things:

1. Discusses some of the good, bad, and/or weird advice in the manual, placing the advice in the context of the time.
 1. If you choose this option, you should include screenshots of the advice that you're discussing, in addition to your explanation.
 2. Your post should contain footnotes that provide citations for your examples from the manual as well as any relevant context from class.
 3. This blog post should be longer than the ones that you submit each week – at least 1000 words, though you can go a bit longer. You cannot do this in a couple of paragraphs. Here's an example of the length and rough style of the type of post that you should submit: <https://blogs.library.duke.edu/rubenstein/2018/06/06/the-good-the-bad-and-the-just-plain-weird/> ([Links to an external site.](#))
 1. Note – this example is roughly 1500 words, including photo captions and alternate text for the images.
 4. Your post needs to be interesting to read! It should be aimed at a general audience – think of something that you might send to a friend, your sister, your mom/aunt/grandma, etc. This will be a great way to work on the writing style you should use for your final project.
2. Find a historical recipe for food or drink in the book and attempt to recreate it. Write a post that discusses your process and the outcome. You will likely need to do some additional research to figure out proportions, temperatures, etc.
 1. If you choose this option, you should include screenshots of the recipe, along with photos of your attempt at recreating it.
 2. Your post should contain footnotes that provide citations for your examples from the manual as well as any relevant context from class.
 3. This blog post should be longer than the ones that you submit each week – at least 1000 words, though you can go a bit longer that. You cannot do this in a couple of paragraphs.
 4. Here's an example of the length and rough style of a test kitchen/historical recipe style post: <https://blogs.library.duke.edu/rubenstein/2018/05/31/apple-pie-and-raspberry-shrub-1836-rubenstein-library-test-kitchen/> ([Links to an external site.](#))
 1. Note – this post is roughly 1250 words, including photo captions and alternate text for images.
 5. Your post needs to be interesting to read! It should be aimed at a general audience – think of something that you might send to a friend, your sister, your mom/aunt/grandma, etc. This will be a great way to work on the writing style you should use for your final project.

Then, you should submit your blogpost two ways:

1. To the extra credit assignment on Canvas
2. As an extra post in the discussion forum where you post your weekly post.